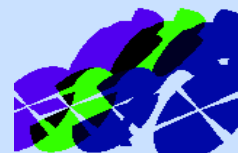


Braveheart Cycling Fund

Fund Raising Ride with Special guests



20 Mile & 44 Mile Rides. Rides Start from 10:30am Saturday 23 October 2010

ORGANISER'S MESSAGE

The Braveheart Fundraising rides are open for all. Come and join the stars for a great day cycling in the Ayrshire countryside

Registration for both rides will open from 9:30am. Everyone must sign-on and collect their number which must be attached to the bike with cable ties (provided). On returning to St Josephs Academy, and on entering the control area, your number will be removed to ensure you have been accounted for. Should you fail to complete the course and/or need to leave the event early - please return your number to an official so that we can account for you!

Two distances - 20 or 44 miles. To ensure your enjoyment and safety, we will start groups of no more than 30 riders at safe intervals starting from 10:30am. Should you wish to ride the course on your own, or in a smaller group with friends, this is permissible - but please be aware of motor vehicles and larger cycling groups on the road.

Food and drinks will be available after the event and anyone wishing to collect a Certificate of Completion can collect one from the Registration Desk after the event. For those (and we hope there will be many!) raising sponsorship for the fund, a Certificate of Completion *should* be collected to provide evidence of participation to your sponsors. All sponsorship monies raised should be returned to: Braveheart Ride, Unit 3 River Place, Paddockholm Ind Est. Kilbirnie, Ayrshire, KA25 7EN. Please make cheques (no cash please) payable to Braveheart Fund. For security reasons, please do not mark the envelope as 'Braveheart Fund'.

Although not compulsory, we **strongly recommend** the use of a safety helmet, that it be worn at all times throughout the event for your personal safety. There will be numerous group leaders out on the road and they will endeavour to maintain order between the groups, and ensure a safe ride for all. All group leaders are experienced racing cyclists and understand the eagerness of some to turn the event into a race, please assist us by obeying the Highway Code and Instructions given by the group leaders

We hope you all have a safe and enjoyable day

Yours sincerely

Alan Miller

POSTAL ENTRY FORM

Where possible, please enter online at www.braveheartcyclingfund.com using secure server payment with credit/debit card. This will ensure rapid confirmation of entry by email as well as update information for your ride.

Name	_____	Under 16 Cyclist riding for fun	<input type="checkbox"/>
Address	_____	Youth Cyclist racing regularly	<input type="checkbox"/>
	_____	Family Group with children under 12	<input type="checkbox"/>
Town	_____ Post Code _____	Family Group with children >12<16	<input type="checkbox"/>
Tel	_____ Email _____	Leisure cyclist riding for fun	<input type="checkbox"/>
Date of Birth	_____	Leisure Cyclist reasonably fit	<input type="checkbox"/>
Name of emergency contact	_____	2nd/3rd Cat racing cyclist	<input type="checkbox"/>
phone no.	_____	Elite/1st Cat racing cyclist	<input type="checkbox"/>
Ride	20 Mile <input type="checkbox"/> 44 Mile <input type="checkbox"/>		
<i>(tick one)</i>			

Entry Fees: Adults £15 Youths (u 16) £10. FAMILY £20 Cheques made payable to Braveheart Fund
Entries to: Braveheart Fund. Unit 3 River Place, Paddockholm Ind Est. Kilbirnie, Ayrshire, KA25 7EN